

Quarterly Newsletter

2025 Q2

In this newsletter you'll find:

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- Spark STEM Corner: Pool Noodle Periscope
- Carnival Themed Unite Walk
- Mental Health Resource Round Up
- 11th Annual Spokes Men for Bleeders

Upcoming Events

Regional Summer Ed Day | August 9, Oglebay Resort, Wheeling, WV

This year's summer event will be an exciting collaboration with the Western PA Bleeding Disorders Foundation. We will host a joint event at beautiful Oglebay Resort in Wheeling WV, starting with education sessions followed by access to Oglebay's pool, zoo, mini golf & more. Childcare, lunch and transportation assistance is provided.

WV Unite for Bleeding Disorders Walk | September 7, Morgantown, WV

The Walk is about YOU! It's an awareness event- to teach people about bleeding disorders that affect YOUR loved ones. It's a community gathering – to have fun with other people in YOUR community. It's a fundraiser- to provide programs and services that YOU take part in. With a CARNIVAL atmosphere and FOOD to enjoy, this is sure to be a great way to share in family fun for a good cause!

Spokes Men for Bleeders | October 4, Inwood, WV

Spokes Men for Bleeders is a grass roots awareness and fundraising effort started by West Virginia parents, Steve & Lisa Nick. Steve & Lisa have two sons with severe hemophilia. Years ago, Steve decided to begin a one-day, one-hundred-mile bike ride to bring

awareness to West Virginians who live each day with bleeding disorders. All proceeds from his ride benefit WVNBD. In turn, Steve & Lisa partner with WVNBD and sponsors to throw a finish line party for the riders and community members.

Visit the [Events Calendar](#) to learn more or register for any of these great events.



A Successful WV Chapter Annual Education Retreat at Stonewall Resort

The WV Chapter’s annual education retreat was a resounding success! Held in April at the scenic Stonewall Resort, the weekend brought together community members, healthcare professionals, and families for a memorable experience—rain and all.

Most participants arrived Saturday morning to a warm welcome from our incredible sponsors and had the opportunity to reconnect with familiar faces and make new connections.

Highlights from the weekend included:

- An insightful update on the WVU Hemophilia Treatment Center from Dr. Sam Merrill
- A high-energy teen breakout session featuring a fun and competitive game of *Bleeding Disorders Jeopardy*
- A special celebration of World Hemophilia Day with an engaging family activity that brought everyone together

Meanwhile, our youngest attendees enjoyed age-appropriate activities and childcare that kept them entertained and involved throughout the weekend.

Thank you to everyone who helped make this retreat such a meaningful event. We're already looking forward to gathering again at Stonewall Resort in April 2026 for our next annual education retreat!

Thank you to our sponsors!

Pfizer, Novo Nordisk, Takeda, Sanofi, Genentech, Octapharma, Soleo Health, Optum, CSL Behring, InfuCareRx, Accrdeo, Next Step, Promtcare, and the Hemophilia Alliance Foundation.



Pool Noodle Periscope

The pool noodle periscope is a fun way for kids to explore reflections and to learn a bit about math, measurements and angles. [Learn more here.](#)



Unite for Bleeding Disorders Walk

It's That Time of Year—Let's Get Moving for the WV Unite Walk!

We're gearing up for the **2025 WV Unite Walk**, and we need YOU to be part of the momentum! In 2024, we raised just over **\$10,000**—and this year, we're aiming even higher. Let's *smash that goal together!*

The Unite Walk is more than just a fundraiser—it's a powerful opportunity to raise awareness for the **bleeding disorders community** and show our strength, support, and unity. Every step makes a difference!

Here's how YOU can help:

- **Start a walk team**
- **Register or donate**
- **Share the walk link** on your social media
- **Tell your story**—your voice matters!
- **Ask your favorite local businesses**—like vet clinics, dentists, or auto shops—to sponsor your team!

Every dollar raised stays in West Virginia, supporting key programs like the Women's Retreat and the Annual Education Retreat.

Get started now by clicking the link below to register, create a team, or donate—and then **SHARE, SHARE, SHARE!**

**Join us on September 7, Westover Park, Morgantown
for our Carnival-Themed Unite Walk!**

Together, we walk. Together, we unite. Let's make 2025 unforgettable!

News

Mental Health Resource Round Up

Because May was Mental Health Awareness Month, the Neil Frick Resource Center (NFRC) dedicated its [most recent Resource Round Up](#) (formerly HANDI Highlights) to supporting mental well-being. This edition approaches this vital topic from a variety of perspectives, with information delivered through multiple formats, including videos, articles, referral resources, and podcasts.

Upcoming Events



11th Annual Spokes Men for Bleeders

Thanks to the continued generosity of **Steve and Lisa Nick**, we are proud and honored to announce that **Spokes Men for Bleeders** is back for its **11th incredible year!** This heartfelt

event supports the bleeding disorders community in a big way—through a 100-mile cycling challenge and a fun-filled reception celebrating our amazing riders.

These cyclists are going the distance—literally 100 miles in one day—to raise awareness and funds for our community, and we couldn't be more grateful.

Event Details:

October 4, 2025 | Inwood, WV

Join us for a reception to cheer on our riders and celebrate this powerful tradition born out of love for the bleeding disorders community.

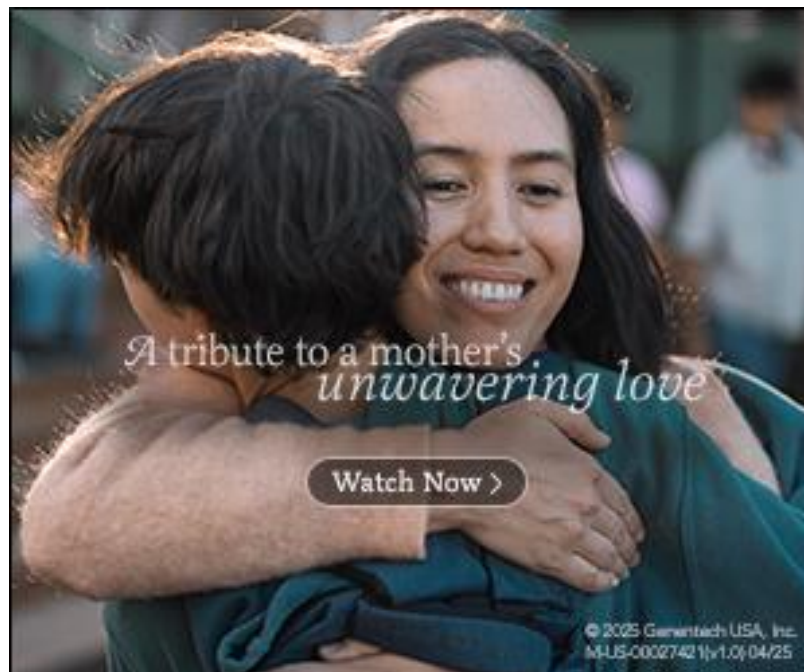
How You Can Help:

We're looking for silent auction items for the event! Got a great idea or item to contribute? Let us know and we'll connect you with Steve and Lisa.

Interested in sponsoring the event? We'd love to hear your ideas and get your business involved in making a difference.

Every donation, auction item, and sponsorship help us further our mission and continue vital programs for the bleeding disorders community. Reach out today to be part of something truly meaningful—and help us make this 11th year the best one yet!

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Resources

- [Financial Assistance](#): If you are struggling to pay bills, need transportation or a hotel room for treatment, or aren't receiving the medical supplies you need- we have assistance to help with that.
- [Dental Program](#): We have funding to pay for dental care throughout the state and may be able to help you find a dentist if you need one.
- [Community Resources](#): Here are a few other resources for community members.

If there is anything you need that we can assist you with, please reach out! We're here for you.

