

The Monthly PERIODical

Welcome to November's Monthly PERIODical Newsletter, written specifically for women, girls, and people with the potential to menstruate.



SHEmophilia: Raising Awareness of Women's Existing Barriers for Adequate Healthcare

SHEmophilia is the brainchild of the CHES Foundation and is dedicated to shedding light on the experiences of women with bleeding disorders. They want to raise up the voices of women through media like podcasts and videos. You can listen to their podcasts or watch their film premiere [HERE](#).

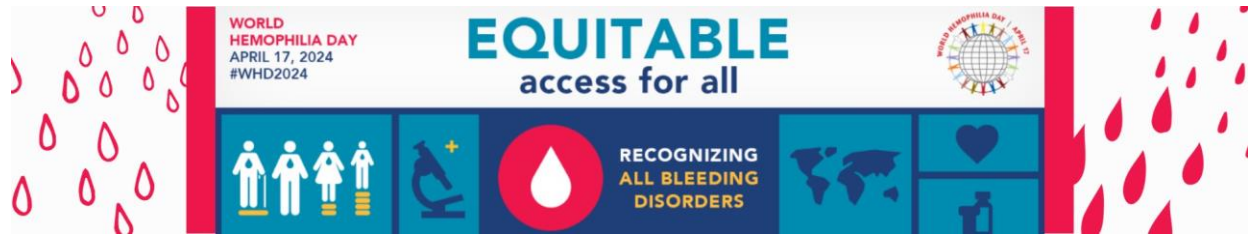


NATIONAL BLEEDING DISORDERS FOUNDATION

Resources

Did You Know You Can Order Our Publications?

The National Bleeding Disorders Foundation has several resources available for the WGPPM community. They're all available digitally on Better You Know or Victory for Women, but you can also request print versions through HANDI. Check out the catalog to see if there's any you want to request [HERE](#).



World Hemophilia Day 2024 Theme Revealed

Each year the World Federation of Hemophilia reveals the theme of World Hemophilia Day (celebrated every year on April 17th). This year's theme of "Equitable access for all: recognizing all bleeding disorders" is especially exciting.

WFH President, Cesar Garrido, had this to say about the theme's inclusive message: "At one time, when one said, 'bleeding disorder', people heard 'male with hemophilia'. In the last few years, the world has started seeing that a bleeding disorder means much more. It's hemophilia A and B, von Willebrand disease (VWD), and other conditions. It's men, boys, women and girls. It's the parents and the friends who support the person with a bleeding disorder. In short, 'bleeding disorder' means community—a community that deserves recognition, and one that needs our support. Please join us on April 17 to show the world that you care about equitable access for all."

Learn how you can get involved [HERE](#).

NBDF Resources

As always don't forget about the great NBDF resources available to help you get a diagnosis and share your story.

[Better You Know](#): Guidance on symptoms, testing, and getting diagnosed.

[Victory for Women](#): A place to share your story and get questions answered.