



Quarterly Newsletter

2024 Q4

In this newsletter you'll find:

- 2025 Events Calendar
- Walk Recap
- Spark STEM Corner: Ice Lanterns
- HANDI Highlights: Caregiver Resources

Special Thanks To This Year's Holiday Party Sponsors!



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Upcoming Events

2025 Chapter Event Calendar

March 5-7	NBDF Washington Days	Washington D.C.
March 21-23	Women's Retreat	Parkersburg, WV
April 25-27	Annual Education Retreat	Roanoke, WV
June 9-13	Camp Winaca HemoVon	Marlinton, WV
August 9-10	Summer Catch Up w/ Western PA Chapter	Wheeling, WV
August 20-23	NBDF Bleeding Disorders Conference	Denver, CO
September 7	Unite for Bleeding Disorders Walk	Morgantown, WV
October 4	Spokes Men for Bleeders	TBD
December 4	Virtual Holiday Party	Virtual

Recap

2024 Unite for Bleeding Disorders Walk



The 2024 walk was a wonderful experience for the community this year! The chapter hosted the walk in Morgantown, at Marila Park. There were fall games, face painting, and crafts all taking place while sharing time together. To date, the chapter has raised just over \$10,000. **We are not done!** Our goal for 2024 is \$15,000 and YOU can help us get there! Just click [HERE](#) to donate! All funds raised goes toward programming and events in the area.

Thank you to our sponsors!

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Ice Lantern

With Mother Nature's help, you can engineer beautiful ice lanterns to light up the outdoors this winter. Find this cool project [HERE](#).

News

HANDI Highlights Resources for Caregivers

November was National Family Caregivers Month, and HANDI created a resource highlight for caregivers including school/daycare coordination, financial planning, caregiver burnout, advocacy, aging, and multi-generational caregiving. You can check it out [HERE](#).

Resources

- [Financial Assistance](#): If you are struggling to pay bills, need transportation or a hotel room for treatment, or aren't receiving the medical supplies you need- we have assistance to help with that.
- [Dental Program](#): We have funding to pay for dental care throughout the state and may be able to help you find a dentist if you need one.
- [Community Resources](#): Here are a few other resources for community members.

If there is anything you need that we can assist you with, please reach out! We're here for you.